



## Heartbreaker Duathlon Provisional Results

Pos	Name	ClubName	No	Gender	Time	Run 1	T1	Cycle	T2	Run
1	Rafael Baugh	North Coast Tri Club	11	Male	01:56:29	00:32:39	00:00:24	01:01:58	00:00:24	00:21:01
2	Oliver Mott	Bristol University	125	Male	01:57:45	00:32:39	00:00:24	01:02:51	00:00:15	00:21:33
3	Matt Moorhouse	Tri Preston	123	Male	01:58:17	00:33:53	00:00:36	01:01:55	00:00:32	00:21:18
4	Phil Wylie	Aquasphere/Bicycleworks.com	198	Male	01:59:23	00:32:39	00:00:22	01:04:06	00:00:23	00:21:49
5	Chris Ball	Total Fitness	6	Male	02:01:03	00:37:35	00:00:37	00:59:17	00:00:28	00:23:03
6	Brian Thursby-Pelham	Total Cycling.com	179	Male	02:02:41	00:34:18	00:00:42	01:04:52	00:00:44	00:22:01
7	Mike Sharkey	Riptide Multisport	161	Male	02:03:49	00:33:44	00:00:26	01:06:30	00:00:23	00:22:43
8	Paul Rogers	blackcountry triathlon club	150	Male	02:04:06	00:35:41	00:00:35	01:04:09	00:00:35	00:23:03
9	John Field	Mansfield Triathlon	56	Male	02:04:43	00:31:32	00:00:42	01:08:01	00:00:41	00:23:44
10	David Vaughan		183	Male	02:04:44	00:35:45	00:00:35	01:05:26	00:00:32	00:22:24
11	David Roper	Tri Team Glos	152	Male	02:05:32	00:35:48	00:00:25	01:05:19	00:00:26	00:23:33
12	Andrew Mercer	Serpentine	120	Male	02:06:44	00:36:46	00:00:44	01:06:02	00:00:36	00:22:33
13	Jamie Hall	University of Bath/Army Triathlon	68	Male	02:06:50	00:36:25	00:00:50	01:06:26	00:00:39	00:22:27
14	Matthew Rowley	Oxford Tri	156	Male	02:07:01	01:42:52	22:54:34	01:04:46		
15	David Chapman	TEAM MILTON KEYNES	29	Male	02:07:36	00:37:23	00:00:26	01:05:45	00:00:18	00:23:41
16	Mark Griffiths	wrekin sport	66	Male	02:07:50	00:37:53	00:00:35	01:04:16	00:00:30	00:24:34
17	Ralph Hydes	Trisport News	83	Male	02:08:08	00:36:06	00:00:32	01:06:27	00:00:30	00:24:30
18	Chris Taylor	Berkshire Tri Squad	176	Male	02:08:23	00:37:20	00:00:47	01:04:44	00:00:38	00:24:51
19	Jeremy Rogers	Tri London	151	Male	02:08:52	00:36:31	00:00:35	01:08:26	00:00:30	00:22:47
20	Ian O'Neill	TRI SPORT EPPING	132	Male	02:09:00	00:34:13	00:00:48	01:08:39	00:00:30	00:24:47
21	Laurence Pidcock	TRI FORCE	140	Male	02:09:43	00:37:36	00:00:29	01:06:44	00:00:26	00:24:25
22	James Brown	metropolitan police	21	Male	02:10:10	00:36:47	00:00:31	01:08:35	00:00:25	00:23:49
23	Karl Free	Met Police Tri Club	61	Male	02:10:28	00:38:36	00:00:30	01:06:10	00:00:28	00:24:40
24	Gawie Nienaber	gears and tears	130	Male	02:10:53	00:36:01	00:00:41	01:06:55	00:00:39	00:26:34
25	Frank Boyne		16	Male	02:11:18	00:37:30	00:00:39	01:09:19	00:00:29	00:23:17
1	Michelle Lee	Team MK	98	Female	02:11:38	00:37:31	00:00:33	01:08:28	00:00:30	00:24:34
26	Alex Fisher	Swindon Tri Club	57	Male	02:11:53	00:37:07	00:00:41	01:09:14	00:00:32	00:24:16
27	Crispin Hetherington	Oxford Tri	76	Male	02:12:12	00:38:55	00:00:36	01:07:48	00:00:33	00:24:17
28	Matt Ansfield	Wye Valley Runners	1	Male	02:12:17	00:38:47	00:00:23	01:07:47	00:00:25	00:24:53
29	Mark Hanby	Chippenham Wheelers	71	Male	02:12:29	00:38:53	00:00:24	01:07:10	00:00:25	00:25:35
30	Peter Cusick	Chippenham Wheelers	40	Male	02:12:30	00:38:35	00:00:26	01:08:31	00:00:23	00:24:32
31	Simon Osborne	Pencoed Tri	134	Male	02:12:35	00:38:56	00:00:34	01:07:57	00:00:33	00:24:32
32	Stuart Reilly	Deal Tri	144	Male	02:12:41	00:36:02	00:00:46	01:09:35	00:01:00	00:25:15
33	Paul Perry	Serpentine	138	Male	02:12:44	00:37:07	00:00:27	01:10:27	00:00:33	00:24:07
34	Ian Roberts	Ashurst Bike Club	147	Male	02:13:09	00:37:31	00:00:32	01:09:40	00:00:37	00:24:46



## Heartbreaker Duathlon Provisional Results

Pos	Name	ClubName	No	Gender	Time	Run 1	T1	Cycle	T2	Run
35	Glenn Dunn-Parrant	Tri-Force	49	Male	02:13:54	00:39:08	00:00:33	01:09:07	00:00:28	00:24:35
36	Brian White	FVS TRI	190	Male	02:14:09	00:37:43	00:00:59	01:10:41	00:00:43	00:24:01
37	Russell Cox		36	Male	02:14:27	00:38:43	00:00:52	01:10:21	00:00:37	00:23:51
38	Michael Barnsdale	SpaldingTriathlon Club	7	Male	02:14:56	00:33:42	00:00:35	01:14:19	00:00:37	00:25:40
39	John Russell	BAD-TRI	158	Male	02:15:10	00:41:13	00:00:35	01:05:10	00:00:35	00:27:34
40	David Masterman	East Coast Tri - Durham Life	116	Male	02:16:16	00:39:10	00:00:37	01:10:17	00:00:43	00:25:26
41	Justin Webb	Next Generation Tri Team	189	Male	02:16:20	00:40:09	00:00:58	01:09:22	00:00:34	00:25:13
42	Nick Bateson	ARMY TRI	10	Male	02:16:24	00:40:11	00:00:51	01:09:44	00:00:37	00:24:59
43	Geoffrey Brewster		17	Male	02:16:31	00:39:24	00:00:37	01:09:46	00:00:39	00:26:03
44	Peter Lavery		97	Male	02:17:05	00:39:09	00:00:41	01:11:16	00:00:36	00:25:20
45	Chris Newton	Chippenham Wheelers	129	Male	02:17:08	00:40:33	00:00:36	01:08:00	00:00:34	00:27:23
46	Stuart Clark	TRI FORCE	30	Male	02:17:17	00:40:02	00:00:30	01:08:46	00:00:28	00:27:28
47	Ian Mackay	BLACK COUNTRY TRI	111	Male	02:17:25	00:39:37	00:00:51	01:10:21	00:00:45	00:25:48
2	Donna James	Durham Tri	86	Female	02:17:47	00:39:55	00:00:43	01:11:15	00:00:31	00:25:19
48	Nick Downing	FVS TRI	201	Male	02:17:51	00:41:17	00:00:32	01:10:44	00:00:25	00:24:50
49	Nigel Herron	Brighton Phoenix Tri	75	Male	02:18:04	00:40:25	00:00:39	01:10:57	00:00:34	00:25:26
3	Nicki Barron	ASHFORD TRI CLUB	9	Female	02:18:19	00:39:48	00:00:37	01:11:13	00:00:35	00:26:03
50	Keith George Murphy	TRENT PARK TRI	126	Male	02:18:32	00:35:50	00:00:59	01:14:09	00:00:42	00:26:49
51	Patrick Ward-Thomas	UCL TEAM TRI	187	Male	02:18:50	00:39:18	00:00:34	01:14:18	00:00:32	00:24:05
52	Jon Cowell	TEAM MILTON KEYNES	35	Male	02:19:12	00:39:44	00:00:30	01:12:21	00:00:25	00:26:10
53	Patrick Martin	Pembs Tri Club	114	Male	02:19:23	00:40:13	00:00:31	01:12:03	00:00:35	00:25:59
54	Michael Anthony Lovell	SEME regt	108	Male	02:19:40	00:38:03	00:00:52	01:15:38	00:00:50	00:24:14
4	Robyn Golding	BADtri	63	Female	02:20:07	00:40:42	00:00:46	01:12:21	00:00:29	00:25:46
55	Andrew Sargent	Redditch Triathletes	159	Male	02:20:15	00:37:41	00:00:59	01:12:52	00:00:38	00:28:02
56	Markus Stanger		170	Male	02:20:21	00:39:20	00:00:59	01:12:32	00:01:11	00:26:16
57	Peter Taylor	Tunbridge Wells Harriers	177	Male	02:21:01	00:41:24	00:01:22	01:10:29	00:00:56	00:26:48
58	Ian Wylie	Tunbridge Wells Harriers	197	Male	02:21:10	00:36:09	00:00:46	01:17:36	00:00:38	00:26:00
59	Robin Groom	Berkshire Tri Squad	67	Male	02:21:13	00:40:51	00:00:43	01:09:46	00:00:36	00:29:14
60	Stuart McGowan	Bike and Run	117	Male	02:21:28	00:42:49	00:00:41	01:10:28	00:00:43	00:26:45
61	John Murray	Manchester Tri	127	Male	02:21:54	00:42:43	00:00:46	01:12:08	00:00:53	00:25:22
62	Zane Denton	Serpentine Runners Club	44	Male	02:22:08	00:40:27	00:00:34	01:14:13	00:00:21	00:26:29
63	Phil Stannard	MANCHESTER TRI CLUB	171	Male	02:22:48	00:39:30	00:00:48	01:12:16	00:00:52	00:29:19
5	Ros Viwer		185	Female	02:22:48	00:40:26	00:00:42	01:15:23	00:00:41	00:25:35
64	Michael Donovan	St. Albans Striders	46	Male	02:22:58	00:37:00	00:00:41	01:17:53	00:00:32	00:26:49
6	Jenny Lloyd-Jones	London Dynamo	106	Female	02:23:05	00:42:07	00:00:38	01:13:15	00:00:31	00:26:30



## Heartbreaker Duathlon Provisional Results

Pos	Name	ClubName	No	Gender	Time	Run 1	T1	Cycle	T2	Run
65	Neil Lewis	Chippenham Wheelers	102	Male	02:23:12	00:42:28	00:00:46	01:13:31	00:00:35	00:25:50
7	Esther Evans	Thames Turbo	55	Female	02:23:14	00:38:43	22:34:33	01:26:11	01:19:48	00:23:57
66	Anthony Culshaw	Deal Tri	38	Male	02:23:19	00:41:17	00:00:36	01:14:32	00:00:25	00:26:28
67	Andy Bromley	Kingswood	19	Male	02:24:13	00:43:19	00:00:43	01:12:33	00:00:42	00:26:54
68	Daniel Sweet	Westbury Harriers	174	Male	02:24:17	00:40:49	00:01:04	01:12:36	00:00:48	00:28:57
69	Stephen Elliott	DERBY TRI	53	Male	02:24:19	00:38:15	00:00:31	01:19:07	00:00:27	00:25:57
70	Simon Kearns	sa tri uk	91	Male	02:24:21	00:41:03	00:01:03	01:15:59	00:00:35	00:25:38
71	Duncan Vavangas	Team MK	184	Male	02:24:54	00:38:02	00:00:57	01:16:57	00:01:06	00:27:49
8	Libby Cameron	metropolitan police	26	Female	02:25:04	00:39:53	00:00:38	01:18:02	00:00:31	00:25:57
72	Dave Coard	FVS TRI	33	Male	02:25:06	00:39:20	00:01:04	01:18:25	00:00:50	00:25:24
73	Tim Kingston	Deal Tri	94	Male	02:25:13	00:41:59	00:00:28	01:08:15	00:00:30	00:33:59
74	Philip Hobson		79	Male	02:25:37	00:39:59	00:00:32	01:17:17	00:00:27	00:27:18
9	Rachel Rowan	Thames Turbo Triathlon Club	154	Female	02:25:43	00:42:05	00:00:34	01:15:18	00:00:32	00:27:11
75	David Robinson	Serpentine	149	Male	02:25:47	00:43:48	00:00:25	01:13:48	00:00:34	00:27:11
10	Louise Kelly	LEICESTER TRI	92	Female	02:26:26	00:41:04	00:00:30	01:17:56	00:00:35	00:26:18
76	Nigel Skinner		164	Male	02:26:47	02:00:05	22:42:49	01:16:36		
11	Caroline Toshack	WWW.THEBICYCLEWORKS.COM	180	Female	02:27:01	00:42:02	00:00:30	01:16:43	00:00:34	00:27:09
12	Nicky Bushell	BAD-TRI	25	Female	02:27:12	00:42:36	00:00:33	01:16:24	00:00:46	00:26:52
77	Christopher Dean		42	Male	02:27:59	00:42:16	00:01:10	01:14:49	00:00:58	00:28:44
78	George Holdsworth	Tri Team Glos	80	Male	02:28:01	00:42:16	00:00:23	01:15:47	00:00:29	00:29:02
13	Charlotte Arnold	Tri Team Glos	3	Female	02:28:57	00:44:55	00:00:37	01:15:32	00:00:35	00:27:15
79	Jonathan Arnold	Tri Team Glos	2	Male	02:29:05	00:48:42	00:00:49	01:10:39	00:00:40	00:28:12
80	Ronald Yee	Crystal palace tri	199	Male	02:29:32	00:41:03	00:00:58	01:16:16	00:01:11	00:30:02
81	Simon Edye	Tri-Anglia	51	Male	02:29:35	00:46:03	00:01:02	01:14:07	00:00:57	00:27:24
82	Paul Buck	Serpentine	22	Male	02:29:36	00:44:26	00:00:54	01:14:40	00:00:44	00:28:49
14	Amanda Kerr	Cardiff Triathletes	93	Female	02:29:57	00:41:41	00:00:42	01:17:21	00:00:44	00:29:26
83	Ian Imeson		84	Male	02:30:39	00:42:09	00:00:55	01:18:10	00:00:39	00:28:43
15	Sue Walker		8	Female	02:30:48	00:42:03	00:00:49	01:20:18	00:00:43	00:26:52
84	Nick Weaver	BRITISH FIRESERVICE TRIATHLON	188	Male	02:30:58	00:44:36	00:00:57	01:16:01	00:00:43	00:28:38
85	Harvey Bennett	Hemel Hempstead Cycling Club	14	Male	02:31:03	00:45:20	00:00:55	01:15:06	00:00:37	00:29:01
16	Rachel Hobbs		78	Female	02:31:08	00:43:32	00:00:48	01:18:12	00:00:32	00:28:01
86	Malcolm Turner	team deviant	181	Male	02:31:33	00:44:42	00:00:51	01:15:59	00:00:42	00:29:17
17	carla molinaro	RMAS	121	Female	02:31:59	00:42:04	00:00:30	01:20:43	00:00:32	00:28:06
87	John Shirley	gears and tears	163	Male	02:32:02	00:44:10	00:00:42	01:17:09	00:00:29	00:29:30
88	Brian Martin	ATA	113	Male	02:32:11	00:40:48	00:00:50	01:18:06	00:00:40	00:31:45



## Heartbreaker Duathlon Provisional Results

Pos	Name	ClubName	No	Gender	Time	Run 1	T1	Cycle	T2	Run
18	Christine Costiff	SLH tri Club	34	Female	02:32:19	00:43:12	00:00:39	01:20:14	00:00:34	00:27:38
89	Paul Wright	team milkton keynes	194	Male	02:33:18	00:42:06	00:01:04	01:15:20	00:01:03	00:33:42
19	Joan Lennon	STEYNING ATHLETIC CLUB	101	Female	02:33:20	00:43:47	00:01:02	01:20:14	00:00:54	00:27:20
20	Wendy Staines	53-12 multi sports	169	Female	02:33:42	00:45:20	00:00:52	01:18:16	00:00:32	00:28:39
90	Justin Roberts	Next Generation Tri Team	146	Male	02:33:53	00:43:08	00:01:32	01:19:35	00:00:45	00:28:50
91	John Wright	Team MK	196	Male	02:34:12	00:44:20	00:00:49	01:15:10	00:00:58	00:32:52
92	Roland Brown	Tri-Force St Albans	20	Male	02:34:30	00:45:40	00:00:46	01:15:54	00:00:37	00:31:30
93	Alfred Pollard	Deal-Tri	141	Male	02:34:40	00:41:53	00:00:34	01:20:28	00:00:39	00:31:02
94	Brook Jon	STEYNING ATHLETIC CLUB	90	Male	02:34:49	00:46:15	00:00:31	01:17:08	00:00:38	00:30:14
21	Dawn Scriven	Gloucester Tri	160	Female	02:35:15	00:44:54	00:00:39	01:20:09	00:00:33	00:28:56
22	Charlotte East	Wimbledon Windmilers	50	Female	02:35:34	00:46:05	00:00:32	01:18:46	00:00:29	00:29:39
95	Mark Rushton		157	Male	02:35:37	00:41:18	00:01:12	01:22:22	00:01:26	00:29:16
96	Mark Jackson	TRENT PARK TRI	85	Male	02:36:12	00:45:36	00:00:56	01:19:57	00:00:36	00:29:04
97	Simon Bellinger	Boxfit	13	Male	02:36:37	00:43:32	00:00:41	01:21:34	00:00:29	00:30:19
98	Richard Hardy	Luton United	72	Male	02:36:42	00:41:22	00:00:55	01:21:46	00:01:05	00:31:32
23	Marion Lambert	TRENT PARK	96	Female	02:37:26	00:44:22	00:00:55	01:23:08	00:00:58	00:28:00
99	Mark Drury	Boxfit	48	Male	02:38:20	00:43:31	00:00:44	01:23:22	00:00:35	00:30:06
100	Martin Woodhouse		195	Male	02:38:21	00:47:48	00:01:23	01:15:58	00:03:46	00:29:24
101	Stephen Southwood		167	Male	02:38:22	00:47:48	00:01:02	01:19:09	00:00:57	00:29:23
102	JR Sherriff		162	Male	02:38:23	00:49:24	00:01:33	01:19:46	00:01:11	00:26:26
24	Sarah Anne McLeod	Thames Turbo	118	Female	02:39:01	00:47:50	00:00:38	01:19:05	00:00:41	00:30:45
103	Douglas Punkett	Next Generation Triathlon Team	143	Male	02:39:05	00:48:09	00:01:08	01:18:11	00:01:26	00:30:09
104	Andrew Cunnell	Redditch Triathletes	39	Male	02:40:33	00:49:59	00:00:55	01:17:05	00:00:57	00:31:34
105	Shunsuke Kobayashi	Cambridge Cycling Club	95	Male	02:41:20	00:46:34	00:01:01	01:19:37	00:00:51	00:33:13
25	Imogen Hutter	ATA	82	Female	02:42:18	00:47:08	00:00:32	01:21:17	00:00:29	00:32:49
26	Sandy Lewis	Iron Head Racing	105	Female	02:43:27	00:52:26	00:00:46	01:18:12	00:00:40	00:31:21
106	Chris Goodman		65	Male	02:43:47	00:45:34	00:00:29	01:20:27	00:00:32	00:36:42
27	Josephine Perry	Serpentine	137	Female	02:44:51	00:52:30	00:00:39	01:20:43	00:00:37	00:30:19
107	Ian Moore		122	Male	02:44:56	00:47:15	00:02:05	01:23:12	00:01:24	00:30:58
108	John Bernard Clarke	SHEFFIELD TRIATHLON	31	Male	02:45:04	00:43:55	00:01:04	01:26:48	00:01:03	00:32:11
28	Lee Avery	Shaftesbury Barnet Harriers	5	Female	02:45:46	00:51:05	00:01:05	01:20:13	00:00:50	00:32:31
109	Martin Paul		136	Male	02:46:46	00:48:46	00:00:59	01:22:11	00:01:13	00:33:35
110	William Hammerton		69	Male	02:47:23	00:52:41	00:00:44	01:19:33	00:00:45	00:33:38
29	Christine Buckley	WHITE ROSE	23	Female	02:47:32	00:52:41	00:00:57	01:20:13	00:00:49	00:32:49
111	John Uter		182	Male	02:48:00	00:44:56	00:00:41	01:29:57	00:01:11	00:31:13



## Heartbreaker Duathlon Provisional Results

Pos	Name	ClubName	No	Gender	Time	Run 1	T1	Cycle	T2	Run
112	Michael Cleary	Boxfit	32	Male	02:48:53	00:49:53	00:01:30	01:22:28	00:01:17	00:33:42
30	Debbie Manners	Serpentine Running Club	112	Female	02:49:04	00:51:36	00:00:47	01:24:25	00:00:44	00:31:29
31	Maggie Bromley	Kingswood	18	Female	02:49:31	00:52:10	00:00:37	01:23:56	00:00:31	00:32:16
113	Eddy Page		135	Male	02:49:53	00:53:31	00:01:09	01:19:23	00:00:49	00:34:58
114	Douglas Mace	North Bucks Road Club	110	Male	02:51:17	00:49:41	00:01:26	01:26:33	00:01:12	00:32:23
32	Corinne Price	Team MK	142	Female	02:52:47	00:50:52	00:01:12	01:26:02	00:00:45	00:33:53
115	Rupert Newman		128	Male	02:55:39	00:49:25	00:01:12	01:29:51	00:00:55	00:34:13
116	Martin Erasmus	NBRC / Team MK	54	Male	02:56:22	00:52:40	00:01:12	01:26:31	00:01:28	00:34:28
33	Leah Williams	MMKAC	192	Female	02:56:40	00:50:18	00:01:50	01:32:15	00:01:20	00:30:54
117	Andy Rose		153	Male	02:59:45	00:53:44	00:01:11	01:30:33	00:01:18	00:32:56
118	Blaise Jenner		88	Male	03:01:46	00:49:11	00:01:23	01:35:43	00:01:30	00:33:57
119	Greg Hayes		74	Male	03:02:57	00:52:35	00:01:21	01:31:02	00:01:09	00:36:46
120	Brian Mead	TEAM MILTON KEYNES	119	Male	03:11:28	00:56:17	00:01:07	01:32:33	00:01:08	00:40:20
121	Howard Pickett		139	Male	03:15:15	00:53:46	00:00:40	01:42:04	00:00:51	00:37:52
122	Jeff Leigh		100	Male	03:15:16	00:53:49	00:00:57	01:40:40	00:01:01	00:38:46
34	Jane Fisher		59	Female	03:15:31	00:50:54	00:00:34	01:49:31	00:00:38	00:33:52
123	David Fisher		58	Male	03:20:15	00:49:20	00:00:38	01:54:39	00:00:29	00:35:07
35	Helen Jenner		87	Female	03:22:55	00:53:28	00:01:25	01:39:40	00:04:26	00:43:54
124	Roger Smith		166	Male	03:32:44	01:00:24	00:02:20	01:44:07	00:02:01	00:43:50
125	David Hampton		70	Male	04:02:03	01:10:19	01:57:20			00:53:46
	Sean Beard	PACTRAC	12	Male	DNF	00:38:09	00:00:53			
	Howard Doe	Hardley Tri Club	45	Male	DNF	00:39:23	00:00:48			
	Stephen Elliott	Tri 7	52	Male	DNF	00:41:02	00:00:33	01:16:36	00:00:32	
	Jonny Rowan	Met Police Tri Club	155	Male	DNF	00:42:13	00:00:29	01:09:03		